'When a man goes out into the night sky
and looks up at the universe and does not feel
a sense of awe at this unfolding mystery
and a sense of intelligence
greater than his own
He is already dead
but they have not buried him yet'.
Albert Einstein

'The Journey Continues' workshop offers men an opportunity to look deeper into their lives and make healthy choices about their future.

It invites you to continue and deepen the journey from your head to your heart.

It will be an experiential weekend to the max. with opportunities for individual work and group work.

It will be a Journey toward wholeness and oneness...
bringing you personal empowerment, clarity and the ability to listen to the wisdom that has always been in your heart... waiting to be heard... when you allow the distance between heart and head to dissolve.

'Closing down in the midst of pain
is a denial of a man's true nature.

A superior man is free in feeling and action, even
amidst great pain and hurt.

If necessary, a man should live with a hurting
heart rather than a closed one'.

David Deida

Facilitated by
Diane and Robert Mathews

## Registration:

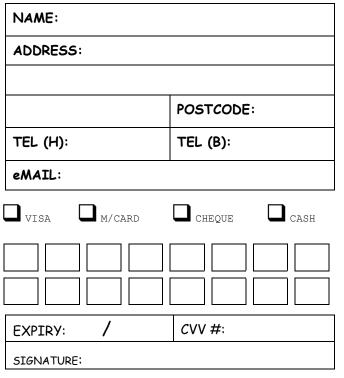
Dates 8<sup>th</sup> to 10<sup>th</sup> November 2013 Time 6pm Friday to 6pm Sunday

Investment \$750 GST Inclusive

(Payment plan available)

Where Healesville, Victoria

This is a Residential Weekend



SEND THIS FORM AND CHEQUES PAYABLE TO:

HEART OF THE MATTER TRAINING & DEVELOPMENT, 5 CLAIRE COURT ELTHAM NORTH VIC 3095 TELEPHONE 03 9509 8101 FAX 03 9509 8112



'The Journey Continues'...



FROM YOUR HEAD
TO YOUR HEART!!

FOR THE MOST IMPORTANT PERSON IN YOUR LIFE -

YOU!!

www.mansinnerjourney.com

'Man's Inner Journey' Graduates Only

## THIS WEEKEND YOU WILL...

Find	<u> Gain</u>	Be Invited	Expect To	<u>Be</u>	Release
New Purpose	True Authenticity	<u>To</u>	Be Challenged	Encouraged	Fear
Courage to Change	Access Core Self	Participate Fully	Be Heard	Affirmed	Powerlessness
The Heart of Man	Inner Wisdom	Play	Find your Voice	Supported	Aloneness
Your Spirit	Effectiveness	Learn & Grow	Be Accepted	Fulfilled	Pretence
Sacredness of You	Ability to Feel	Release the Past	Be Healed	Initiated	Abandonment
Relief	Inner Strength	Challenge You	Feel Deeply	Expanded	Disappointment
Release	Integrity	Stretch Yourself	Know innately	Nurtured	Pain / Hurt
Joy	Safety	Claim Your Life	Honour Yourself	Urged	Heartache
Inner Happiness	Stillness of Spirit	Love more Deeply	Have Fun	Assisted	Worry
Nurturing	More Life Energy	Lead	Be Real	Empowered	Weakness
Passion	Quietness of Mind	Follow	Work on issues	Respected	Lack of safety
Responsibility	Increased Self	Free Yourself	Access your Inner	Reconciled	Anger
Trust of Other	Esteem	Move beyond Limits	Wisdom	Renewed	Grief
Men	The Freedom to be Yourself	Support Yourself And Others	Discover Your True Worth	Invigorated	Anxiety
Compassion for Self	Closer Friendships	Open	Laugh	Touched	Depression
Commitment to Self	With men Life Skills	UpOutInto	Heal	Acknowledged	Sadness