



GODDESS SPEAK

The Goddess Within
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January 2008
CALENDAR

GODDESS WITHIN
ADELAIDE – FEB 16 & 17

GODDESS MEETINGS:

1st Monday of the month

Barton Room, Regal Park Hotel
Barton Tce (around the corner from
O'Connell on right hand side)

North Adelaide – 7.30 start

2nd Monday of the month

Southern area, phone Cathy 83819088

Or Sue 8386 0097

3rd Thursday of the month

Contact Dani 040788 3445

Or Kimberlee 0417 881212

Full Moon Circles

Contact Barli on 0415 866 294

Crone Circles

Contact Judy on 0431 910435

From Diane's Desk....

Here it is 2008! How amazing that another year has passed and here we are, a world that is becoming more conscious every day! The amount of information that is being shared about a plethora of things from the environment to stopping the whale slaughter, to my latest favourite, 10 million clicks for peace (see favourites)... it goes on and on. Books by the squillion being produced on personal development, movies being made on spiritual subjects. It is all just so exciting and so predicted by some of my old teachers. One of them used to say don't attempt to change main stream, just keep doing what you are doing and eventually main stream will come to you and with people like Oprah daily touting the necessity of healing your past and moving on etc... it makes it so much easier. I totally acknowledge the young spiritual beings who are on this planet now running workshops and sharing information. We are all just so lucky to be continually in the frey of the future. So what does the future hold? Well, I believe it will hold whatever you choose it to hold! However, sitting in your lounge room and thinking now and then about making changes won't do it, you actually have to take action! I thought I would give you a run down on

2008 from a numerological, astrological and metaphysical perspective!

The New Year is a one year which is indicative of new beginnings, new opportunities. Because life goes in 9 year cycles, then 2007 should have been the tying up of some loose ends in order to be ready for these new starts, consequently how we handle 2008 will be a pointer toward the next 9 years also. Because of the 2 and the 8 (2008) it means lots of emotional healing (and dealing with emotions) because both numbers are on the emotional plane. Therefore really assess your life: Are you happy with your Self, Relationships, Job etc? What can you do to change the status quo of the way it has been into how you want it to be?

The keys for 2008 include honour, faith and self-confidence. Have faith in something; anything, whatever feels right for you, this will assist with self-confidence. If you've been planning a project but simply haven't... getting it started then 2008 will see all stumbling blocks removed. It will be a time of great opportunity. Authenticity will be regarded very highly. 2008 is an excellent time to plan for your long term future, (and because Jupiter which is known as the planet of fortune is also moving into a new sign) be sure to prepare carefully and put down firm foundations that will pay dividends over the next 12 years. In the meantime, being positive and upbeat will produce instant pleasing results.

As with everything, there are things to watch out for. Negativity will put a damper on the year so avoid indecision; doubt; moodiness; giving up too easily and neglecting details.

Astrologically: 2008 is a year of transformation and will be a hectic and tumultuous year. Those who are prepared for economic and political shakeups should be able to continue with their lifestyles, though even they may hit a few bumps in the road.

Political tension worldwide could create a troubling atmosphere, and you might find yourself unusually irritable. Yet clever, insightful people who can sense the needs of a changing society will grow stronger by adapting

and staying flexible. They might even find themselves suddenly wealthy. Very often we go through life wearing blinders like a horse, but those who take off those blinders and prepare for a rocky road can thrive in 2008.

First resolution: Get your own life in order — NOW. Whatever is uncertain, firm it up. Pay off as many debts as you can, and avoid running up any new ones. Start setting aside a little nest egg for yourself, and clear up any tension there may be between you and friends or family members.

Second resolution: Don't depend on anyone but yourself to solve your problems. By taking matters into your own hands, you will be able to enact change in your life and in the lives of those close to you, if you want something done right, do it yourself! If you're dissatisfied with your life, work to change it.

Third resolution: Get involved. What cause appeals to you the most? Is it world peace, health and fitness for all, sustainable energy, or perhaps the rights of the weak, such as children and animals? Doing good for others will give you inspiration in other areas of your life, and overcoming obstacles will give you a sense of pride and accomplishment. Now is not the time to back down from challenge — you could surprise yourself with how successfully you deal with a difficult situation.

Spiritually: One is the number of new beginnings and eleven is the master number that reflects the transformation of the physical into the Divine. January 1, 2008, is numerically a 111 day. Eleven days later on January 11, 2008, we have a 1111 day.

During this VERY RARE 11-day period, the I AM Presence of every person on this planet will integrate the highest potential of miraculous activities of Light from 2007. This integration will gently reflect into the hearts and minds of all Humanity, and it will raise the energy,

vibration and consciousness of every facet of Life evolving on Earth the maximum that Cosmic Law will allow.

This event will open the door so that our I AM Presence will be able to intervene in our lives in new and wondrous ways. We can take advantage of this vitally important opportunity by focusing our intentions on new beginnings and creating the vision of the life we want. Know that the I AM Presence is limitless and that this aspect of our Divinity is One with our Father-Mother God and able to draw the perfection of the Universe into our lives in amazing and awe-inspiring ways.

When we witness the pain and suffering existing around the world it is difficult to fathom that we are really on the brink of co-creating the harmony and balance in a perceptible way on this planet, but that is exactly what is happening. We have crossed the threshold into the 5th Dimension. Heavenly events are confirming this Truth; ancient prophecies foretelling this time are being fulfilled, and signs are pointing to this new reality.

The most persistent and verifiable prophecy is the one given in ancient times by the Hopi Elders. This prophecy has been passed on through oral tradition and reference to the ancient tablets. The Elders revealed that there would be nine Signs before the 5th World emerges. This will be a world of peace and abundance, a New Earth. According to White Feather, a Hopi of the ancient Bear Clan, the prophecy goes like this:

“The Fourth World shall end soon, and the Fifth World will begin. The elders everywhere know this. The Signs over many years have been fulfilled, and so few are left.

“The First Sign: We are told of the coming of the white-skinned men, like Pahana, our lost White Brother from the Stars. But these men will not live like Pahana, they will be men who take land that is not theirs, and men who strike their enemies with thunder-guns.

The Second Sign: Our lands will see the coming of spinning wheels filled with voices. In his youth, my father saw this prophecy come true with his eyes-the white men bringing their families in wagons across the prairies.

The Third Sign: A strange beast like a buffalo but with great long horns will overrun the land in large numbers. These White Feather saw with his eyes-the coming of the white men’s longhorn cattle.

The Fourth Sign: The land will be crossed by snakes of iron-the railroads.

The Fifth Sign: The land shall be crisscrossed by a giant spider’s web. (Power lines and telephone lines.)

The Sixth Sign: The land shall be crisscrossed with rivers of stone that make pictures in the Sun. (Freeways with mirages caused by the Sun.)

“The Seventh Sign: You will hear of the sea turning black, and many living things dying because of it. (Oil spills in the oceans.)

The Eighth Sign: You will see many youth who wear their hair long like my people. They will come and join the tribal nations, to learn our ways and wisdom. (The hippies in the 1960s and 1970s.)

And this is the Ninth and Last Sign: You will hear of a dwelling-place in the Heavens, above the Earth, that shall fall with a great crash. It will appear as a blue Star-the Blue Kachina Sun. Very soon after this, the ceremonies of my people will cease.”

The Hopi prophecy goes on to say that the appearance of the Blue Kachina Star will initiate a time of great purification, a time during which the Earth will be purged and cleansed of negativity in preparation for her emergence into the 5th World.

To many this may sound ominous, but the Beings of Light have assured us that we are the creators of circumstance not the victims of it. We do not have to just stand by and wait for disaster to strike. In Truth, a prophecy from On High that contains the potential of a negative or destructive outcome is given to Humanity only if we have the ability to do something to avert that particular outcome. That is, in fact, the SOLE reason why such a prophecy is given to Humanity.

The Divine Intent of such a prophecy is to inform us and to inspire us to change our behavior and to alter the path we are following. If we do not take the information from the prophecy and do whatever we can to avert the destructive outcome, the prophecy will not have fulfilled its Divine Intent.

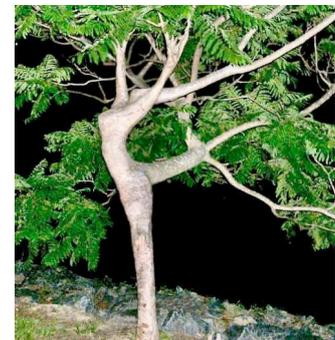
It is true that the Earth must be cleansed and purified in order for the New Earth to manifest in all of her infinite perfection, but the severity of that purging will depend on Humanity. If we reclaim our natural Birthright as stewards of the Earth and invoke the assistance of the Company of Heaven to help transmute and heal the atrocities we have inflicted on this blessed planet, the cleansing will occur gently. If we choose to ignore the Signs and continue our mindless pursuit for material gain at the expense of the Earth, the

purification will be harsher with a greater potential for loss of Life.

This information is being given to Humanity at this time not to instill fear but to inspire us to remember our purpose and reason for being. We are being called to a higher service on behalf of Mother Earth and all Life evolving upon her. We are powerful beyond our knowing. Each and every one of us has been preparing for aeons of time to be the Hands of God in the physical plane during this Cosmic Moment. Please do not underestimate your ability to make a positive difference. Trust yourself! Listen to your heart, and you will know how you can be the most powerful force of Light possible.

As we move into this unprecedented year of opportunity, let’s take time to contemplate how we can add to the Light of the world, and how we can assist in transmuting and healing the negativity of the past in powerful and effective ways.. On behalf of Humanity and all Life evolving on this sweet Earth, do not let this opportunity pass you by. As the Hopi Nation says, WE ARE THE ONES WE HAVE BEEN WAITING FOR! (*Patricia Diane Cota-Robles*)

Website: www.eraofpeace.org



REMINDERS FOR 2008

Plan your year – short term and long term. Create a mind or treasure map of what you want and be aware of it.

Let go of what doesn’t serve you emotionally, mentally, physically.

Clean out your cupboards, wardrobes, junk drawers, sheds and your mind letting go of everything you don’t need or want anymore.

Remember to have an attitude of gratitude....A state of grace that shifts everything. Go somewhere quiet and beautiful, close your eyes and just bring to mind all the wonderful people from the present and past that you have known. See them. Allow the memories to come to life in your mind... Be thankful for all you have and all you are and then allow 2008 to shower you with its many blessings.

The Girl With the Apple

August, 1942. Piotrkow, Poland.

The sky was gloomy that morning as we waited anxiously. All the men, women and children of Piotrkow's Jewish ghetto had been herded into a square. Word had gotten around that we were being moved. My father had only recently died from typhus, which had run rampant through the crowded ghetto. My greatest fear was that our family would be separated. "Whatever you do," my eldest brother, whispered to me, "Say you're 16." I was tall for a boy of 11, so I could pull it off. That way I might be deemed valuable as a worker. An SS man approached me, boots clicking against the cobblestones. He looked me up and down, then asked my age. "16," I said. He directed me to the left, where my three brothers and other healthy young men already stood.

My mother was motioned to the right with the other women, children, sick and elderly people. I ran to Mama's side and said I wanted to stay with her. "No," she said sternly. "Get away. Don't be a nuisance. Go with your brothers." She had never spoken so harshly before. But I understood: She was protecting me. She loved me so much that, just this once, she pretended not to. It was the last I ever saw of her.

My brothers and I were transported in a cattle car to Germany. We arrived at a concentration camp one night weeks later and were led into a crowded barracks, we were issued uniforms and identification numbers. I was put to work in the camp's crematorium. I, too, felt dead. Hardened. I had become a number.

Soon my brothers and I were sent to a sub-camp near Berlin. One morning I thought I heard my mother's voice. Son, she said softly but clearly, I am sending you an angel. Then I woke up. Just a dream. A beautiful dream. But in this place there could be no angels. There was only work. And hunger. And fear.

A couple of days later, I was walking around the camp, near the barbed-wire fence where the guards could not easily see. On the other side of the fence, I spotted someone, a young girl with light, almost luminous curls. She was half-hidden behind a birch tree. I glanced around to make sure no one saw me. I called to her softly in Polish, "Do you have something to eat?" She stepped forward. I was thin and gaunt, with rags wrapped around my feet, but the girl

looked unafraid. In her eyes, I saw life. She pulled an apple from her jacket and threw it over the fence. I grabbed the fruit and, as I started to run away, I heard her say faintly, "I'll see you tomorrow."

I didn't believe she would come back. It was much too dangerous. But I returned anyway, the same time the next day. And there she was, she moved tentatively from behind the tree, and once again threw something over the fence. This time, a small hunk of bread wrapped around a stone. I ate the bread, grateful and ravenous. I returned to the same spot by the fence at the same time every day. She was always there with something for me to eat, bread or better yet an apple. We didn't dare speak or linger. To be caught would mean death for us both. I didn't know anything about her, she was just a kind farm girl. Why was she risking her life for me? Hope was in such short supply, and this girl on the other side of the fence gave me some, as nourishing in its way as the bread and apples.

Nearly 7 months later, my brothers and I were crammed into a coal car and shipped to Czechoslovakia. "Don't return," I told the girl that day. "We're leaving." I didn't look back, didn't even say good-bye to the girl whose name I'd never learned.

We were at Theresienstadt for 3 months. The war was winding down, Allied forces were closing in, yet my fate seemed sealed. On May 10, 1945, I was scheduled to die in the gas chamber at 10am. In the quiet of dawn, I tried to prepare myself. So many times death seemed ready to claim me, but somehow I'd survived. Now, it was over. At 8am there was a commotion. I heard shouts, and saw people running every which way through camp. I caught up with my brothers. Russian troops had liberated the camp! The gates swung open. Everyone was running, so I did too. Amazingly, all of my brothers had survived; I knew that the girl with the apples had been the key to my survival. In a place where evil seemed triumphant, one person's goodness had saved my life, had given me hope in a place where there was none. My mother had promised to send me an angel, and the angel had come.

Eventually, I made my way to England, where I was sponsored, put in a hostel and trained in electronics. Then I went to America, where my brother Sam lived. I served in the U.S. Army during the Korean War. By August 1957 I'd opened my own electronics repair shop. I was starting to settle in.

One day, my friend Sid called me. "I've got a date. She's got a friend. Let's double date." Sid kept pestering me and I agreed. I had to admit for a blind date this wasn't so bad. Roma was a nurse at a Bronx hospital. She was kind and smart. Beautiful, too, with swirling brown curls and green, almond-shaped eyes that sparkled with life. The 4 of us drove to Coney Island. Roma was easy to talk to and be with. Turned out she was wary of blind dates too! We were both just doing our friends a favor. I couldn't remember having a better time. We piled back into Sid's car. As European Jews who had survived the war, we were aware that much had been left unsaid between us. She broached the subject. "Where were you," she asked softly, "during the war?" "The camps," I said, the terrible memories still vivid, the irreparable loss. I had tried to forget. But you never forget. She nodded. "My family was hiding on a farm in Germany, not far from Berlin," she told me. "My father knew a priest, and he got us Aryan papers." I imagined how she must have suffered too, fear, a constant companion. And yet here we were, both survivors, in a new world. "There was a camp next to the farm," Roma continued. "I saw a boy there, and I would throw him apples every day." "What did he look like?" I asked. "He was tall. Skinny. Hungry. I must have seen him every day for six months." My heart was racing. I couldn't believe it...this couldn't be... "Did he tell you one day not to come back because he was leaving Schlieben?" Roma looked at me in amazement. "Yes." "That was me!" I was ready to burst with joy and awe, flooded with emotions. I couldn't believe it. My angel. "I'm not letting you go," I said to Roma. And in the back of the car on that blind date, I proposed to her. I didn't want to wait. "You're crazy!" she said. But she invited me to meet her parents for dinner the following week. There was so much I looked forward to learning about Roma, but the most important things I always knew: her steadfastness, her goodness. For many months, in the worst of circumstances, she had come to the fence and given me hope. Now that I'd found her again, I could never let her go. That day, she said yes. And I kept my word: After nearly 50 years of marriage, two children and three grandchildren, I have never let her go.

This is a true story and is being made into a movie called "The Fence"

OLD AGE

The other day a young person asked me how I felt about being old. I was taken aback, for I do not think of myself as old. Upon seeing my reaction, she was immediately embarrassed, but I explained that it was an interesting question, and I would ponder it, and let her know.

Old Age, I decided, is a gift. I am now, probably for the first time in my life, the person I have always wanted to be. Oh, not my body! I sometime despair over my body, the wrinkles, the baggy eyes, and the sagging butt. And often I am taken aback by that old person that lives in my mirror (who looks like my mother!), but I don't agonize over those things for long.

I would never trade my amazing friends, my wonderful life, my loving family for less grey hair or a flatter belly. As I've aged, I've become more kind to myself, and less critical of myself. I've become my own friend. I don't chide myself for eating that extra cookie, or for not making my bed, or for buying that silly cement gecko that I didn't need, but looks so avante garde on my patio. I am entitled to a treat, to be messy, to be extravagant. I have seen too many dear friends leave this world too soon; before they understood the great freedom that comes with aging.

Whose business is it if I choose to read or play on the computer until 4 AM and sleep until noon?

I will dance with myself to those wonderful tunes of the 60 & 70's, and if I, at the same time, wish to weep over a lost love ... I will.

I will walk the beach in a swim suit that is stretched over a bulging body, and will dive into the waves with abandon if I choose to, despite the pitying glances from the jet set. They, too, will get old.

I know I am sometimes forgetful. But there again, some of life is just as well forgotten. And I eventually remember the important things.

Sure, over the years my heart has been broken. How can your heart not break when you lose a loved one, or when a child suffers, or even when somebody's beloved pet gets hit by a car? But broken hearts are what give us strength and understanding and compassion. A heart never broken is pristine and sterile and will never know the joy of being imperfect.

I am so blessed to have lived long enough to have my hair turning

grey, and to have my youthful laughs be forever etched into deep grooves on my face. So many have never laughed, and so many have died before their hair could turn silver.

As you get older, it is easier to be positive. You care less about what other people think. I don't question myself anymore. I've even earned the right to be wrong.

So, to answer your question, I like being old. It has set me free. I like the person I have become. I am not going to live forever, but while I am still here, I will not waste time lamenting what could have been, or worrying about what will be. And I shall eat dessert every single day. (If I feel like it)

A PROSPERITY BLESSING

May you be blessed with an amazingly abundant day today!

May the clouds break and the heavens pour down upon you more joy, more love, more laughter and more money than you could have ever dreamed of.

May the sun shine its golden light of prosperity through every cell of your extraordinary body.

May you be cleansed today of any resistance or feelings of unworthiness that you may still be holding onto.

May your false illusions of doubt, fear and scarcity gently fall away like soft white feathers on a gentle breeze.

May you be willing, simply willing, to allow the Universe to shower you with miracles today.

May the Angels wrap you in their shining wings of opulence.

May the fairies deliver you to their pot of gold at the end of a majestic rainbow.

May your eyes shine with the glorious truth of who you really are and may that truth uplift others in your presence to their own inner knowing.

May your ears hear the sound of perfection ringing in your soul.

May you taste the deliciousness of every precious bite of life as your day unfolds moment by moment with amazing grace, heartfelt love and a bounty of magnificent money.

As this day ends, may you slumber wrapped in an exquisite blanket of enduring peace and profound gratitude.

And may the last words you speak today be Thank You!

A NEW CHAKRA DISCOVERED

Scientists have found that all our problems can be placed under one heading:

Seriousness. Seriousness is the leading cause of everything from Cancer to Reincarnation. Scientists have already discovered a new source of healing. It is a psychic energy point located between the heart chakra and the throat chakra. It is called **the Clown Chakra.**

If people are feeling miserable, if they have financial problems, if their relationship is the pits, if they are in ill health, if they have a need to sue people, if they find fault with their brother, then obviously, their Clown Chakra is closed. When this happens, the scientists have observed under a high-powered microscope that the cells of every organ display a sad face, and when the Clown Chakra is open and functioning normally, the cells display a happy face. The scientists realized that if a person is ill, it is because his mind has projected guilt onto the cells of his body and has forced out the love that is normally found within each cell of the body. The cells are therefore saying, "I Lack Love," or "ILL" for short. The scientists also discovered that all disease is due to the fact that the cells are out of ease or dis-eased.

When the Clown Chakra is opened and working (or rather, playing) properly, the psychic mechanism sucks up misery, pain, anger, resentment, grievances, unhappiness, etc., and converts the energy into tiny red heart-shaped balloons. The red heart-shaped balloons contain Love and Joy. These balloons are directed to the dis-eased cell or situation, and a happy face appears instantly.

When the light enters the darkness, the darkness is gone. Sometimes these red heart-shaped balloons are **called endorphins**, due to the fact that when anyone experiences them, the feeling of separation ends. They experience being back home with All That Is and hence are no longer an orphan. This is the well-known **end-orphan** effect.

So, if you think someone is attacking you, Clown Scientists recommend that you visualize sending that person red heart-shaped balloons filled with Love and Joy. Remember to keep your Clown Chakra open... and remember to laugh.

Sarkis Renjilian-Burgy (thanks Carole)

HEALTH PAGE

Ingredients: Hydrolysed Vegetable Protein, Sugar, Yeast Extract, Water Salt, Colour (Caramel 150c), Wheaten Cornflower, Glucose, Spices, Emulsifier (Glycerol Monostearate), Food Acid (Citric), Vitamins, Vegetable Gum (Carrageenan) Herb and Spice Extracts.

Food Additives

The following is an example of a label for a vegetable extract in sandwich spread:

Hydroysed vegetable protein is a less concentrated form of MSG.

Caramel 150c is linked to hyperactivity gastro-intestinal problems and kidney and liver enlargement.

Carrageenan is a suspected carcinogen linked to asthma and ulcerated colitis.

Safer additives are: 306-309, but many still use 310, 319 and 320, some of the worst additives linked to cancer and serious adverse health effects.

Be on the look out for antioxidants, fats, animal oil, animal fat, butter fat, cophera, lard, milk solids, oil, shortening, tallow, vegetable oil and margarine. Biscuits, bread, soy milk drinks, cooking sauces, ice cream cones, baby food, fish and frozen products such as pastries, pies, fish fingers, chicken nuggets, frozen desserts, potato products, ready meals.

No MSG Claims Often products don't contain MSG in the form of food additive 621 but they will contain other flavour enhancers (620-635). Avoid anything with flavour enhancers or hydrolysed vegetable protein if you're wanting to avoid MSG.

STRAWBERRY YOGHURT (with strawberries) Strawberry flavoured yoghurt doesn't *have* to contain *any* strawberries and is artificially flavoured.

ORGANIC A product isn't organic unless its labelled Certified Organic; and many all natural products do, on closer examination, contain many suspect additives. Remember, natural doesn't necessarily mean safer.

NO ARTIFICIAL PRESERVATIVES

There are mean preservatives that are naturally sourced and as with colours, natural doesn't necessarily mean safer for asthmatics.

CHEESE FLAVOURED SNACKS

No preservatives, no artificial colours, no artificial flavors. What they don't draw your attention to is the use of three flavor enhancers: MSG (621), disodium guanylate (627) and disodium inosinate (631) All of these additives are prohibited in foods for infants and young children and are linked to array of adverse health effects ranging from headaches, asthma, sleep disturbance, behaviour and learning problems for children. Unfortunately, children are the major consumers of products like this.

If you want to know more (for example) if there's any antioxidant in a vegetable oil which was not listed on the label) you may initially be told quite definitely that if it's not on the label, it's not in the product! Many staff aren't aware of the 5% loophole and will swear black and blue that their labels are accurate, only to be forced to go away and check to find out they were wrong.

FLAME RETARDANTS.

Dangerous chemical now in breast milk 06 December 2007

Flame retardant chemicals, which are in household furniture, textiles and electronic equipment, have found their way into human breast milk. Scientists aren't sure how this may affect the developing child, but it's feared it may cause neurological problems and disrupt thyroid function.

One study has found that the level of the retardant PBDE (polybrominated diphenyl ethers) has increased 200 times in breast milk in women, while another study in Sweden has discovered the level has increased 60 times in a span of 25 years.

PBDEs have regularly been included in a range of household and office items since the 1970s, but scientists have only recently discovered just how dangerous the chemical can be. Regulators across Europe and the US have banned some elements of the chemical, and the brominated mix will be removed under new legislation that comes into force in 2008.

But items of furniture and furnishings that contain the original compound are still in millions of homes. Unlike other pollutants such as PCBs and DDT, the PBDEs particularly affect infants. Scientists have found a direct link between breast milk and household dust, and they estimate that toddlers' exposure to PBDEs from household dust is 100 times greater than that for adults because of breast milk and more hand-to-mouth contact.

(Source: The Lancet, 2007; 370: 1813-4).

MR: Parents do it for themselves

Advocates of childhood immunisation consistently argue that there is no evidence to suggest that vaccines are dangerous. Claims that the MMR (measles, mumps, rubella) vaccine in particular causes autism has never been established. In fact, they say, every study has shown conclusively there is no causal link. Most of the studies 'proving' the safety of vaccines have tended to be small - often involving hundreds of children - and over quite short time frames. So a group of parents in the USA have got together to do the job properly. Generation Rescue has been formed by parents whose children have been diagnosed with neurological disorders, and, as concerned parents, they want to know why.

Instead of just accepting the consoling words of doctors and scientists, they decided to do the job themselves. And they did it in style, raising enough money to fund a research study that has involved 17,000 vaccinated and unvaccinated children in Oregon and California, making it one of the largest ever research projects into the health implications of childhood vaccines. They also tracked the health of the children right up to the age of 17.

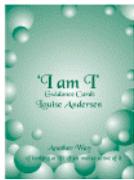
They discovered that in the younger age group, which included the four-year-olds, vaccinated children were two-and-a-half times more likely to have a neurological disorder than children who were not vaccinated, while vaccinated boys were more than twice as likely to have ADHD and 61 per cent more likely to have autism.

The differences became more marked in the older children, aged from 11 to 17. In this group, a vaccinated child was more than three times more likely to have ADHD than his non-vaccinated counterpart, and 112 per cent more likely to have autism.

The study suggests that the vaccine can have a longer-term effect than researchers thought, which might explain why they were unable to discover a connection within the days and weeks they were monitoring the children following vaccination.

Why haven't we heard anything about this study? Well, it was carried out by parents, it wasn't published in a peer-reviewed journal, it wasn't funded by a manufacturer of one of the vaccines, a combination that guarantees media obscurity.

WHAT'S NEW IN THE SHOP?



"I AM I" Card set....

Beautiful set of cards. \$26.50

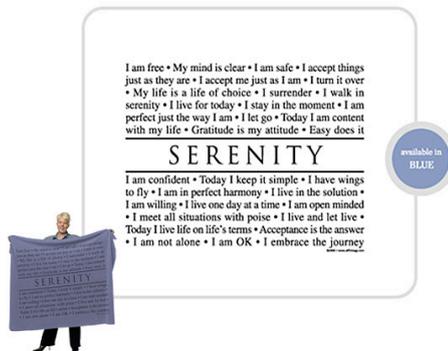
Also same designer has made another set called "My Knowledge" \$20.00

Lovely little gift for yourself or someone else!



THE MASK OF DECEPTION DVD

An excellent DVD about the food you eat, is it killing you? The health system, drug companies, are they keeping you sick? Discover the truth, unmask the deception, make new decisions about the quality of your life. Highly recommended. Diane is in this one and it was created by Gail in Melbourne... Sells for \$25 and \$5 of that goes to charity.



AFFIRMAWRAPS. My current favourite! Beautiful Soft and comfy blankets silk-screened with powerful affirmations for each word. 150 x 127 cm.

Available in:

Abundance (purple)

Joy (red)

Peace (blue)

Serenity (green) Serenity (blue)

Strength (pink) Strength (grey)

Love (red)

Hope (blue)

Motherhood (blue)

Gratitude (purple)

Wholeness (green)

Courage (blue) Courage (pink)

Creativity (red)

Baby wraps, fleece or cotton (pink or blue)

All the big ones are \$48.00.

Baby wraps \$38.00

WHAT'S NEW IN MY LIBRARY?

I rarely read Fiction however these were my favourite fiction books of 2007!

Gang of Four, Food, Sex and Money and Belly Dancing for Beginners. All written by the same author, Liz Byrski, a lecturer at Curtin University. Everyone I gave the books to said they felt they were written just for them. (Probably better for the over 40s!)

For 2008 I started with Eat, Pray, Love! I LOVED it. Highly recommended. I laughed out loud, my heart was touched and I adored every line.

I read books on Tongue Diagnosis, Face Diagnosis, Men's books, Goddess information, Health information and some of my favourite metaphysical books for 2007 were:

Any and all of Esther Hicks (Abraham) books. I love them. Very simple to read and they make sense. (Available on our web site). Here are some quotes from Abraham (channeled).

There will be a time, not so far from now, that you will look back on this phase of your life and instead of condemning it or beating up on it... Instead of blaming or guiltting, you will feel appreciation for it, because you will understand that a renewed desire for life was born out of this time period that will bring you to physical heights that you could not have achieved without the contrast that gave birth to this desire.

It's not your work to make anything happen. It's your work to dream it and let it happen. Law of Attraction will make it happen. In your joy, you create something, and then you maintain your vibrational harmony with it, and the Universe must find a way to bring it about. That's the promise of Law of Attraction.

In order to help someone who's in a very different vibrational frequency, you've got to adjust your vibrational frequency so that they can hear you. And if we were standing in your physical shoes, we would not adjust our vibrational frequency down—ever. We would not introduce more resistance in our vibration for any reason whatsoever, because disconnecting yourself from resources does not give them more to eat.

IF YOU NO LONGER WISH TO RECEIVE THIS OR ARE NOW ON EMAIL, PLEASE LET ME KNOW.. LET'S SAVE A TREE, TIME, \$...

WHAT'S NEW ON THE CALENDAR?

The Rebirthing Training that we just completed for 2007 was phenomenal. I said I would never do another one... yet the results of this last training were so incredible with huge shifts being made by everyone that I thought long and hard about whether I wished to offer more long term trainings, what I see is that the longer the training the more beneficial and profound are the results. Therefore I am considering offering during 2008 the first ever:

LIFE MASTERY TRAINING

It will be held over 3 blocks of 10 days spread over one year. Also however, you will be expected to practice, do homeplay and basically work on yourself for the entire year. It will involve a lot of work on your part between sessions, regular get togethers between sessions with your fellow attendees. It will be residential for the workshop periods and all meals and accommodation will be provided!

There will be a lot of new information and it will not be a light-weight course. You will learn how to speak the truth, how to live your truth and how to make a difference in the world. It will incorporate a great deal of healing on all levels plus the recommended curriculum for rebirthing will be inclusive in the training so it will be a certified coursebut it will be much more than that....

If you are looking to shift, shake and shape your life into what you know that you are and deserve to have, then please send me an email expressing your interest and telling me: 1. Why you want to attend.

2. What you want to achieve at the end... 3...Your level of willingness to change...

I will only be taking limited numbers.

TANTRA JANUARY 23-28

We have one spot left currently for this training which is life changing for couples. The next one is on August 8th-13th in Bali.

PAVERPOL

The most amazing new craft product available. Elizabeth will be conducting workshops in 2008. If you love crafts, then ring her on 040 245 0930 and get involved. In one day you make a gorgeous female statue for the garden or home. Easy!