

The Rising of the Feminine

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... what does it mean?

By Diane McCann

The feminine is rising quickly as we move through this century. The patriarchal ways of the past two thousand years did not work and so they are, like ancient prison walls, finally crumbling and revealing a different way to live.

More and more people are trying to help the planet and its inhabitants. Whether by recycling, mulching in the garden, or buying free-range eggs and so forth, most people want to make a difference. People are no longer prepared to just accept what they are told. They want accurate data so they can make informed choices on issues such as vaccinations and GE foods.

The number '1' represents the masculine and '2' represents the feminine. Therefore, when we moved into the year '2000 we actually transferred into a completely new energy - one which is primarily unknown to us as yet.

I believe that this new energy is not concerned with patriarchy or matriarchy - it is about finding ways for each individual to find their own equality and balance within the dance of relationship - whether of the work, or a more intimate variety.

The time has come for both genders to acknowledge, recognise, honour and work

both the feminine and the masculine sides of the whole person that is each of us.

We are all familiar with the masculine side. This is the part of us that wants to succeed, which can lead others, which is strong and often invulnerable. This masculine side has a place in this world, yet how much better could these masculine qualities be if balanced with the feminine?

For many centuries, to be a man meant 'not feeling'. A feeling person would find it difficult to kill, and this was a necessary skill to many men in olden days. Even in 2001, many men are still emotionally disenfranchised. This inaccessibility to emotion creates a void between 'the man' and the whole person.

Many men still follow a set of rules passed down by their fathers. These rules won't work now. Men cannot be who they used to be, and most are not sure who they are supposed to become, or even how to initiate the transformation.

Embracing the feminine can bring men face-to-face with some of their fears. Being emotional equals being vulnerable to many men - a frightening thing. So courage is required if men are to embrace the feminine. And courage is a strong proof of masculinity.

A man recently told me a story of how he found himself

sobbing at a seminar. He said, "Sorry", to the Facilitator, and was asked why he was apologising. The man said, "Big boys don't cry.", and the Facilitator replied, "Yes, that is true, big boys don't cry. It takes a man to do that!"

Women on the other hand have always had access to their emotions and many women respond to this lack in their men with criticism and anger. This only serves to make men more wary.

Female evolution has meant learning to be independent and strong. Women now want to stand on an equal footing with men. We are learning to put aside the old security craving and dependent part of ourselves. Yet many women still believe that men must to be 'strong' (whatever that means).

Many women consciously assert their independence while still retaining the desire to be protected. A woman who has embraced the masculine in herself can easily honour the gifts of the masculine, but unfortunately most of us have not managed this yet.

The power of the feminine consciousness, has always been an intrinsic part of the female. And most women haven't really wanted to deal with men's feelings, as we have been too busy becoming comfortable with our own

transition to acknowledging this power.

I know of a man who wanted to be held by his partner and when he began to cry, she laughed and left the room. It is time for women to see the pain that is visible in many men today and recognise that if we are not assisting in the solution then we are part of the problem.

We are at the threshold of a new paradigm in relationships. If a man knows how to change a tyre and he shows us, then we can learn. If we know how to access our emotions then perhaps we need to teach our men so that between us we can create a different world in relationships.

We have to make feelings a safe place, and then men will be able to change. It is time to trust - even when the past has shown discontent and disappointment. When we learn to trust, even if it means being vulnerable, then real transformation can take place for men and women.

We have all been wounded and betrayed at some time. We have all inflicted wounds. If we accept this and learn to put fear aside then we can create a new fabric, based on love, woven with compassion, understanding and a willingness to go the distance.

**Diane McCann is the Facilitator of The Goddess Within, a workshop which is held internationally. (See ad below.)*

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